

MENTAL HEALTH NEWS EDUCATION, INC.

Fall 2011

Board of Directors

Chairman

Peter D. Beitchman, DSW, Executive Director
The Bridge

Vice-Chairman

Barry B. Perlman, MD, Director of Psychiatry
Saint Joseph's Hospital

Secretary

Peg Moran, LMSW, Senior Vice President
FEGS Health and Human Services System

Treasurer

Alan Trager, Executive Director & CEO
Westchester Jewish Community Services

Members of The Board

Constance Y. Brown, MPA
Vice President, Corporate Community Relations
Institute for Community Living

Carmen Collado, LCSW
Director of Immigrant and Latino Services
Jewish Board of Family & Children's Services

Alan Eskenazi, MA, CPHQ
Vice President, Quality and Regulatory Affairs
Saint Vincent's Hospital Westchester

Donald M. Fitch, MS, Executive Director
The Center For Career Freedom

Mary Hanrahan, LCSW
Government Relations Specialist
New York Presbyterian Hospital

Jorge R. Petit, MD, President
Quality Healthcare Solutions Group

Theresa Pirraglia, Co-Founder and Board Member
The Foundation for Educating Children with Autism

Janet Z. Segal, LCSW, Executive Vice President
Four Winds Hospital

Alison Singer, President
Autism Science Foundation

Giselle Stolper, EdM, Executive Director
Mental Health Association of New York City

Carolyn Reinach Wolf, Esq
Abrams, Fensterman, Fensterman, Eisman,
Greenberg, Formato & Einiger

Executive Staff

Ira H. Minot, LMSW, Founder & Executive Director
Mental Health News Education, Inc.

David H. Minot, BA, Associate Director
Mental Health News Education, Inc.

Dear Friends,

Thanks to your dedicated readership and support, this fall marks the 11th Anniversary of *Mental Health News* and the 4th anniversary of *Autism Spectrum News*.

It's been an incredible journey which began as the vision of one survivor of mental illness whose 10-year battle with depression had a profound impact on his life. Out of the ashes of his illness, and with the help of many dedicated leaders of the mental health community, he created a small local newsletter dedicated to providing hope through education for people with mental illness and their families.

Today, *Mental Health News* is the nation's leading provider of mental health education to the community, with a readership of over 160,000 consumers, families, treatment professionals, service providers, educators, and decision makers across the country.

Our newest publication *Autism Spectrum News* has set a new standard for science and evidence-based community education. It provides an essential and vital resource for families with children on the spectrum as well as for the treatment professionals and service providers that care for them.

In these difficult economic times, our challenge is to provide the highest quality of news, education, and resources to both the mental health and autism community. Your annual support enables us to continue to mail thousands of free copies of *Mental Health News* and *Autism Spectrum News* to those in need and to provide all current and back issues of both of our award-winning publications for free reading on our websites.

We hope that you will take this opportunity to support our 2011 Fall Annual Appeal. It is the only time during the year that we ask for your help.

Thank you for your readership, participation, and generous support which has made us a leader in providing essential community mental health and autism education.

Sincerely,

Peter D. Beitchman

Dr. Peter D. Beitchman
Chairman

Ira H. Minot

Ira H. Minot, LMSW
Executive Director

David H. Minot

David H. Minot, BA
Associate Director

*Mental Health News Education, Inc. is the Publisher of Mental Health News and Autism Spectrum News
A Federally Approved Nonprofit Tax-exempt Organization ~ Registered with The New York State Charities Bureau
Phone: (570) 629-5960 · Fax: (570) 629-0148 · E-mail: iraminot@mhnews.org · Website: www.mhnews.org
Mailing Address: Ira H. Minot, LMSW, Executive Director, 16 Cascade Drive, Effort, PA 18330*



MENTAL HEALTH NEWS EDUCATION, INC.
Publisher of Mental Health News & Autism Spectrum News
Your Trusted Source of Evidence Based Education, News and Resources
 16 Cascade Drive · Effort, PA 18330

Non Profit
 Organization
 US Postage Paid
 Monroe, CT
 Permit No. 137

Meeting the Ever-Changing Needs of the Community
Mental Health News Education, Inc. Continues to Provide a Vital and
Trusted Source of Evidence-Based News, Education, and Resources
To the Mental Health and Autism Community



Please Help Support our Annual Campaign

MENTAL HEALTH NEWS EDUCATION, INC.

Donor Support Levels

Benefactor: \$ 25,000
Platinum: \$ 10,000
Gold: \$ 5,000
Silver: \$ 2,500
Bronze: \$ 1,000
Advisor: \$ 500
Friend: \$ 250
Other: \$ _____

Mental Health News Education, Inc. 2011 Annual Appeal

Name: _____
 Organization: _____
 Address: _____
 _____ ZIP: _____
 Phone: _____ Email: _____

I have enclosed my tax-deductible donation in the amount of _____

In support of: *Mental Health News* *Autism Spectrum News* *The General Operating Fund*
 Please list my name on the donor honor roll *I would prefer to remain anonymous*

Please make your check payable to: Mental Health News Education, Inc.

Mail this form with your check to:

16 Cascade Drive
Effort, PA 18330

Thank You For Your Generous Support !